

CHARLOTTESVILLE CITY LEAGUE VOLLEYBALL RULES (USA VOLLEYBALL RULES WITH *LOCAL MODIFICATIONS*)

The Department of Parks and Recreation reserves the right to reassign any team based upon past record and other considerations for the best interest of the program.

1. An individual can only register and captain **one team** in each divisional league.
2. **Regular season matches:**
 - 3 games to 25; win by 2 pts.
 - Rally scoring; no point cap
 - (All 3 games count in the standings)
3. **Play-off matches:**
 - 2 of 3 games to 25; win by 2 pts. Rally scoring; no point cap
 - 3rd game to 15, switch sides at 8.
4. *Teams may play with five players -- no penalty. In summer & in the first game of the first match on a court, a team may play with four.* Minimum age: 14.
5. *Replacement players require opposing captain's approval. Captain's responsibility to request/deny permission. Replacement team members can only be used during playoffs with opposing captains approval.*
6. **Co-Rec:** 3 men maximum. **Male & Female players alternate.** *M-F-F-M-F-F line-up is allowed. No back-row blocking.* If more than one team hit, one must be by a woman.
7. Time intervals: 5 minutes minimum shared warm-up; 2-min. break between games. **Forfeits: Match time for game 1, 15 min. for game 2, 20 min. for game 3.** Time-outs: two 30-sec. time-outs per game. No penalty for a 3rd time-out request.
8. **Service:** "Let" serve => play continues. Blocking or attacking the serve is **not** allowed. Server may step on end line at Cale and on the black line at Carver. **8 seconds** for service. Only one toss/attempt allowed per serve.
9. **Multiple contact** ("double" hit) **in a single attempt** to play the ball is **legal** on **ALL** first team hits including service reception. **Ball caught or thrown is illegal** on **any** team hit. Ball contact with any part of the body is **legal**.
10. **Backboards & supports** over playable areas:
 - At Carver, the two backboards that are pulled up near the ref stands are considered part of the ceiling, so a ball remains live if it contacts it from a team on the same side and they still have a contact left. It is no longer a "dead ball/judgment" call, which is how we treat the vertical parts of the other two backboards in Carver up to where the angled side supports attach to the main support post (anything above that is considered part of the ceiling). Also, remember that the soft

part of the heating sock and the metal portion that attaches to the wall at Carver are considered part of the ceiling (play continues).

11. **Net violation:** contact between the antennae while playing the ball is a violation. Player's contact with the net will be ignored if it is the result of a distinct separate action.

12. **Centerline violation:** Center-line violation occurs when someone's foot/hand contacts the floor completely beyond the center-line on or inside the sidelines (i.e., in the court of play) AND they are within 2 feet of a player on the other team (Safety Hazard). Any player so out of control that they completely cross over the center-line in the court of play should be automatically considered a safety hazard (center-line violation), even if they aren't near a player on the other team. If opponents contact each other on the center-line and it doesn't affect play, allow play to continue; if it does affect play, whistle it dead and call a replay; again, this is only if both players are on the center-line. If only one player is on the center-line and makes contact with the other player (who is not on the center-line), call the violation. Players are allowed to completely cross the center-line outside the court of play, so long as they don't interfere with an opponent or present a safety hazard.

13. *Players assist with line calls, touches and net violations;* **honor calls** much appreciated!

14. **Misconduct:** Warnings are verbal and addressed to the captain. Verbal warnings are given for minor offenses. No penalty assessed.

Yellow: Warning. Affects the entire team if a player is given a yellow card. No penalty point assessed.

Red: Penalty. Must be given if anyone on the team has already received a yellow. A penalty point is assessed.

Red/Yellow together in one hand: Expulsion. Offending player is removed from the set (game). No penalty point assessed.

Red/Yellow in separate hands: Disqualification. Offending player is removed from the match. No penalty point assessed.

15. **Only the team captain is authorized to talk to the official regarding a dispute.**

16. Playoff format:

- 2 v 3 @ 6pm
- 1 v 4 @ 7pm
- Championship @ 8pm

19. Remember, players cannot contact the neighboring "court" (i.e., anything from the red-lines in) at any time while the ball is in play. This is a safety concern and needs to be called consistently. Players can hold a teammate back from entering another court, crossing the center-line or hitting the net so long as there is no assistance in playing the ball.